

COMPETITION RULES

PARTICIPATION TERMS AND RULES FOR THE RECORD ATTEMPT

Official title of the record attempt:

Most electrical energy generated by pedalling on static bicycles for 24 hours

1. GENERAL PROVISIONS AND ORGANISATION

- 1.1. These rules apply to the official Guinness World Records™ attempt (hereinafter: "the Record Attempt") to generate the maximum amount of electrical energy on static bicycles over 24 consecutive hours.
- 1.2. The Record Attempt is organised by Strado Group BV, Meersstraat 13, bus 2.1, 8790 Waregem, Belgium (hereinafter: "the Organisation").
- 1.3. By taking part in the Record Attempt, the participant unconditionally accepts the content of these rules and all instructions given by the Organisation and the official witnesses/judges.

2. LOCATION AND TIME

- 2.1. The Record Attempt takes place on 7 and 8 December 2026 at the Wintercircuit in Ghent.
- 2.2. The event starts on 7 December at 7 pm and ends exactly 24 hours later on 8 December at 7 pm.
- 2.3. Participants must strictly adhere to their pre-assigned cycling time slots. Latecomers may be replaced immediately so as not to jeopardise the continuity of energy generation.

3. CONDITIONS OF PARTICIPATION

- 3.1. **Minimum age:** Participants must be at least 16 years old on the day of the event.
- 3.2. **Minors (aged 16-17):** Participants aged 16 or 17 must hand in a consent form (Form A), completed in advance and signed by a parent or legal guardian, at the registration desk. Participation is not possible without this form.
- 3.3. Participation in the event is entirely free of charge.
- 3.4. Participation in the Record Attempt is only possible after prior registration via the dedicated landing page at www.getyourenergytogether.be.

4. HEALTH AND SAFETY

- 4.1. Participants declare that they are in good physical health and medically fit to undertake the physical exertion.
- 4.2. The use of performance-enhancing substances, alcohol or drugs before or during the Record Attempt is strictly prohibited.

- 4.3. If a participant experiences symptoms while cycling (such as dizziness, chest pain, extreme fatigue or nausea), they must stop immediately. The on-site medical staff (first aid) have the right at all times to withdraw a participant if this is deemed medically necessary.

5. EXPERT AND GUINNESS WORLD RECORDS™ GUIDELINES

- 5.1. **Accredited equipment:** Only the static bicycles and connected watt meters/generators provided by the Organisation may be used. Any modification of the equipment by participants is prohibited.
- 5.2. **Data recording:** All electricity generated (in watt-hours / kilowatt-hours) is logged continuously and digitally by an independent expert. Participants may not touch, shield or tamper with the measuring equipment in any way.
- 5.3. **Continuity:** The record requires uninterrupted measurement over exactly 24 hours. Bicycles must remain manned in accordance with the official schedule. Rider changeovers must be carried out quickly and in an orderly manner, following the instructions of the track marshals.

6. DISQUALIFICATION

- 6.1. The Organisation reserves the right to disqualify participants immediately and remove them from the event venue in the following cases:
- Cheating, tampering with the bicycle or measuring equipment, or failing to correctly follow the mechanical pedalling guidelines.
 - Failing to follow direct safety instructions from the Organisation, the medical staff or the official witnesses.
 - Unsporting behaviour, verbal or physical violence, or disrupting the attempt for other participants.

7. LIABILITY

- 7.1. Participation in the Record Attempt is entirely at the participant's own risk.
- 7.2. The Organisation, its employees, volunteers and partners accept no liability whatsoever for personal injury, theft, loss of or damage to participants' property, except in the case of wilful misconduct or gross negligence on the part of the Organisation.

8. IMAGE RIGHTS

- 8.1. Photographs and video footage will be taken during the Record Attempt as official evidence for Guinness World Records™ and for the Organisation's promotional purposes (social media, press releases, website).
- 8.2. By participating, the participant grants the Organisation permission to publish and reproduce these images free of charge, worldwide and without limitation.
- 8.3. Personal data collected for registration and evidence purposes is processed in accordance with the General Data Protection Regulation (GDPR) and shared exclusively with Guinness World Records™ for official validation.

9. GDPR

- 9.1. **Purpose of processing:** The Organisation collects and processes the personal data provided by the participant (such as name, date of birth, email address and medical fitness declaration) solely for the organisation, administration, safety and official validation of the Guinness World Records™ attempt.
- 9.2. **Sharing with Strado Group partners:** By registering, the participant expressly consents to the Organisation sharing necessary contact and participation details with the official partners and sponsors of Strado Group. This sharing takes place exclusively for communication about the event, promotional purposes related to this record attempt, and any follow-up afterwards. The list of partners involved is available from the Organisation on request.
- 9.3. **Guinness World Records™ evidence:** The participant acknowledges that personal data (including name, age and visual material) must be shared with Guinness World Records™ as part of the official evidence and certification of the record.
- 9.4. **Participant rights:** The participant retains the right at all times to withdraw the consent given, or to request access to, correction or deletion of his/her data in accordance with the General Data Protection Regulation (GDPR). Such a request can be submitted in writing to the Organisation's secretariat.